STANLEY PARK JUNIOR SCHOOL

Stanley Park Road, Carshalton, Surrey SM5 3JL A Foundation School in the London Borough of Sutton www.spjs.org



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Tuesday 11th June 2024

Dear Parents and Carers,

SPJS SPORTS WEEK - 24th to 28th JUNE 2024

During the week beginning 24th June, we will be celebrating Sports Week, where the children will take part in a number of physical activities and workshops in order to promote the love of being active. We hope that the variety of different sports and activities on offer will help to enthuse and motivate children to try something new whilst having fun building on their existing skills.

The activities taking place will be run by qualified coaches and experts and will include:

- a visit and fitness circuit run by Paralympian Nerys Pearce
- 🧕 jump-rope workshop
- football freestyle <u>click here</u> to see it in action
- an OAA competition and timed activities using our school OAA course
- archery workshop (this will take place on Monday 1st July)
- team building (Year 3 and Year 6)
- multiskills (Year 4 and Year 5, to take place Wednesday 3rd July)

MORNING DANCE DISCO

From **8.30** – **8.45am**, staff will be putting on **MORNING DANCE DISCO MUSIC** each day with a pop party playlist for children to enjoy whilst they come into the playground. At approximately **8:40am**, the school will take part in one classic disco dance all together to get ready and energised for the day ahead!

Videos of the dances will be uploaded on your child's Google Classroom should they wish to have a look beforehand. The timetable for the week can be found below if you would like to practise at home! Click on the links if you would like to see a video tutorial of each dance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Macarena</u>	<u>Cha cha slide</u>	<u>Cotton Eye Joe</u>	<u>YMCA</u>	Follow the leader

From Monday to Thursday, our sports leaders will be in the playground at lunchtime co-ordinating different activities, games and challenges for children to attempt if they wish to.

The children will be required to wear their PE kit all week. This can consist of the school PE t-shirt or the school polo shirt; plain navy shorts or plain navy tracksuit bottoms and trainers. As usual, please ensure your child has a **named water bottle** in school each day. Children must not wear any jewellery whilst competing in sporting activities so we would be grateful if you could ensure that this has all been removed before coming to school, or ensure that your child is able to take out their earrings independently before each session.





SPORTS DAY - FRIDAY 28th JUNE

To bring our Sports Week to a close, we will be hosting our annual Sports Day on **Friday 28th June**. This event will run from **9:15am-12:00pm** on the field and will be open to spectators. Exact arrangements for families attending will follow in a separate letter closer to the time.

For the day, each child will be required to wear a coloured t-shirt that matches their team colour. Please note that children should not bring in or wear any face paint but they may bring banners to hold.

- All 'S' classes Red
- All 'P' classes Blue (children should wear their SPJS P.E. top)
- 😣 All 'J' classes Green

If your child does not have a coloured t-shirt they should wear their usual SPJS P.E. top and will be provided with a coloured bib to wear for their race.

We hope that this will be a memorable week for children and that it will encourage them to keep active and to explore a range of different sports and activities. Thank you for your ongoing support.

Best wishes

Miss Powell and Miss Baldock P.E. Coordinators